



WELCOME TO YOUR DESTINY

## DESTINY HEALTH AND WELLNESS SPA TREATMENT MENU

Destiny spa captures the essence of modern Africa in its tasteful finishes and our treatment rooms whose decoration and finishing was overseen with a great sense of detail and comfort. The lush haven of peace and tranquility, situated on eight acres of undulating landscaped garden is a quiet retreat that seems far removed from hustle and bustle of the city.

Our spa vision and dream is to develop a long life changing relationship with guests by understanding and delivering their needs, we strive not only to meet their desires but also exceedingly satisfy your requirements. Destiny spa aims to raise awareness for people to start taking their health and wellness very seriously and understand that today's stress and exhaustion can negatively impact our lives. So come soothe your spirit with calming aromas the pure energy of the human touch.

Our passionate and impeccably qualified team invites you to experience a memorable and life changing journey with us. " A combination of luxury and elegance".



FACIAL THERAPIES



## FACIAL THERAPIES

### SO DELICATE R418

With the use of natural cortisone ingredients such as Liquorice this treatment is guaranteed to give results to those clients who suffer from rosacea, acne rosacea, erythroze, couperose, erythema on cheeks, redness or general skin discomfort.

### HYDRATING FACIAL THERAPY R506

Using plant and marine ingredients this treatment hydrates and protects the skin helping to restore the skins water level and renew its healthy dewiness.

### PURIFYING FACIAL THERAPY R462

A complete deep cleansing and revitalizing treatment that purifies and soothes congested skin, restoring the skin's natural minerals and moisture level.

### RICH ANTI-AGEING FACIAL THERAPY R572

Using rich anti ageing extracts like jojoba, macadamia and wheat germ this treatment regenerates and renourishes the skin in depth, leaving the skin with an intense feeling of comfort and firmness.

### VITAMIN C ILLUMINATING FACIAL THERAPY R539

Using vitamin C and lightening extracts this treatment is perfect for skin suffering from pigmentation or seeking more of a luminous uniform tone. Revitalising skin cells with intense energy and in turn increasing vitality, fine lines and wrinkles are diminished and even the dullest skin is instantly luminous and radiant.

### AMOUR FOR MEN R649

This treatment rich in Vitamin C, eliminates toxins and enhances skin luminosity, fighting wrinkles and the symptoms of premature aging. Includes a 24 step shiatsu Zen massage followed by the application of a detoxifying rubber mask, this treatment gives balance to your body, mind and skin.

### ADVANCED HYDRATING TREATMENT WITH FACIAL DEEPIING R682

Water levels of less than 10% within the skin can be damaging to the long term health of the skin and lead to premature ageing. To help avoid premature ageing this advanced treatment increases water levels up to 22% and recharges the skin with essential lipids & moisture binding ingredients. Including a facial deeping exfoliation treatment to leave your skin cleansed and renewed.

### ADVANCED BALANCING TREATMENT FOR OILY AND ACNE SKINS R682

Perfect for skins that are actively breaking out, this intense treatment is perfect for both men and women who are suffering from oily, congested or acne skins. The treatment includes a deep enzyme exfoliation, vapour treatment, extractions, lymphatic drainage massage and high performance cleansing mask, leaving the skin perfectly balanced.

### ADVANCED REVITALISING FACIAL THERAPY R792

Skin remains youthful as long as it is able to regenerate itself. Every day the skin defends itself from the environment, using an immense amount of energy. Using extreme anti-oxidants this advanced treatment helps mature skin reactivate its functions, revitalising the skin cells with intense energy and in turn increasing it's vitality. For those that want to glow!!!

### ADVANCED RESURFACING TREATMENT R825

This treatment is great for pigmentation or skin imperfections. An advanced professional treatment based on the effectiveness of the Melanolight Process and combining both a resurfacing micro-exfoliation and glycolic peel. It works against and prevents pigmentation produced by ageing and the sun, maintaining the skin's optimal balance session by session.

### ADVANCED OXYGENATING TREATMENT R847

The first skincare treatment with Cytokines and Oxygen that help defend the skin against environmental stress and signs of ageing.

### ADVANCED REDENSIFYING FIRING PROGRAMME R902

With this professional treatment your flaccidity problems and loss of facial volume will undergo great improvement with visible results after just one treatment. Results such as: 79% lifting effect, 79% firmer/shaped skin, 50% improvement in the oval and 62% less wrinkles. (Achieved on tests carried out on 52 women between 25-62 years of age).

### ADVANCED CORRECTING PROGRAMME FOR LINES AND WRINKLES R1012

Inspired by micro-injections this treatment is a fast and effective solution especially for expression wrinkles. Using Germaine de Capuccini's unique peptide formula Micro-Dermoxine, this treatment corrects and fills in expression lines, diminishing the depth and length of wrinkles to prevent further development.

## TINTING

EYEBROW TINT R50

EYELASH TINT R50

LASH AND BROW COMBO R90

## LAMELLE FACIALS

Treatments used to improve the appearance of wrinkles and signs of aged skin, such as chemical peels, are effective because they are able to stimulate the body's release of growth factors which will stimulate fibroblast activity to provide an anti-ageing effect. Not only do Lamelle facials target and treat aging and the early signs of it, they address other skin concerns such as Pigmentation and acne.

DEEP CLEANSING FACIAL R280

AGE PREVENT BASIC FACIAL R320

AGE PREVENT AHA: ALPHA PEEL 20 R475

Alpha peel AHA is a chemical peeling agent which contains 20% Glycolic acid. A unique innovation only available from Lamelle as it contains neurosensory inhibitors. Neurosensory inhibitors help make AHA solutions which are normally extremely irritating to the skin, less painful making them more tolerable for even the most sensitive of clients.

AGE PREVENT AHA LACTI-FIRM 30/10 R485

Lacti-firm is a light superficial chemical exfoliation agent which provides skin firming and tightening through a unique combination of Lactic acid and DMAE. Lacti-Firm also helps improve the hydration of the skin.

AGE CORRECT ALPHA PEEL 30 R430

Alpha peel AHA is a chemical peeling agent which contains 20% Glycolic acid. A unique innovation only available from Lamelle as it contains neurosensory inhibitors. Neurosensory inhibitors help make AHA solutions which are normally extremely irritating to the skin, less painful making them more tolerable for even the most sensitive of clients.

#### PIGMENTATION – BETA PEEL 15%

R485

Beta peel 15% assists in impurity removal and is brilliant for hyperpigmentation due to salicylic acid being known for its anti-inflammatory properties.

#### ACNE CORRECT: BETA PLUS PEEL 15%

R350

Beta Plus Peel 15% contains salicylic acid which is a lipid soluble formulation which efficaciously removes impurities and has anti-infective as well as anti-inflammatory properties, making it the ideal treatment for acne (problematic skin)

### FACIAL MESOTHERAPY TREATMENTS

The Dermalroller is a highly efficient device used for transdermal delivery of active cosmeceutical ingredients as well as skin rejuvenation resulting in 70 – 80% improvement of wrinkles, sun damage and stretch-marks with minimal side effects. The CIT8 is a professional's only; US FDA & CE approved device which is used for the stimulation of the body's own production of collagen (Collagen induction therapy).

#### SKIN REJUVENATION

R590

Introducing a powerful solution to rejuvenating aged, dehydrated skin. Dermaheal Skin Rejuvenating solution contains 0.1% Hyaluronic Acid, which is double the concentration of other available mesotherapy solutions. It binds 1000 times its own weight in water providing thorough re-hydration and plumping of the dermis. It contains Recombinant human growth factors which are powerful, naturally occurring re-builders and modulators of dermal collagen.

#### HYALURONIC ACID SKIN REJUVENATION

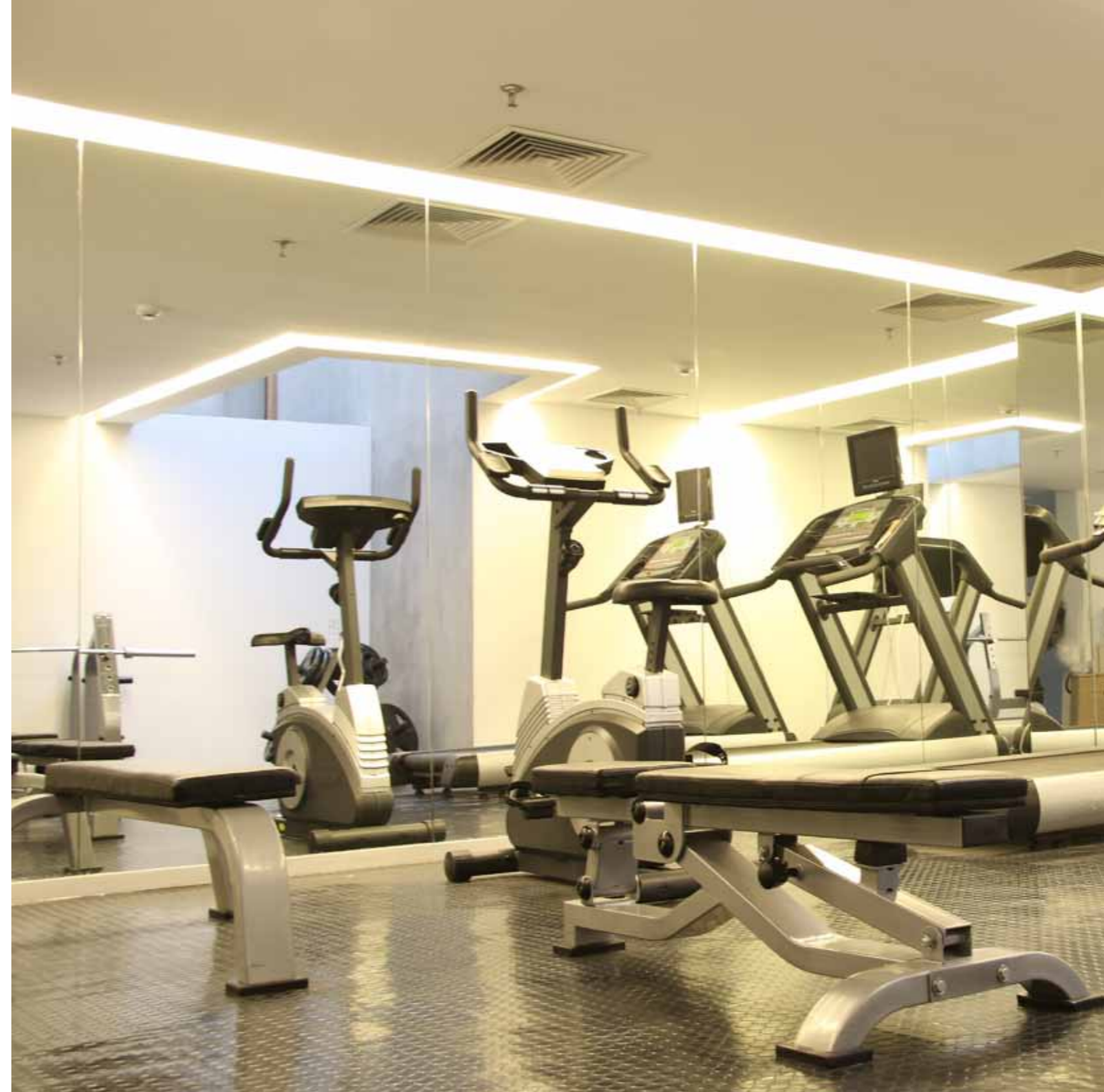
R650

Dermaheal Hyaluronic Acid Skin Rejuvenation Solution contains 1% (10mg/g) Hyaluronic Acid, which is double the concentration of other available mesotherapy solutions. It binds 1000 times its own weight in water providing thorough re-hydration and plumping of the dermis. It contains Recombinant human growth factors which are powerful, naturally occurring re-builders and modulators of dermal collagen.

#### SKIN BRIGHTENING

R720

Enriched with our newest biotechnology for pigmentation problems, namely pentapeptide 13 and tgp2 protein complexes, brightening serum addresses pigmentation on multiple fronts, Dermaheal Skin brightening Solution contains encapsulated Arbutin and Licorice extract, which acts by aggressively blocking the conversion of L-DOPA to eumelanin and pheomelanin by inhibiting the enzyme tyrosinase.



## DESTINY HANDS AND FEET



### DESTINY HANDS AND FEET

CLASSIC MANICURE	45MIN/R200	RE-VARNISH	10MIN/R50
DESTINY DELUXE MANICURE	60MIN/R250	FULL SET OF NAILS (ACRYLIC)	90MIN/R250
CLASSIC PEDICURE	45MIN/R250	FILL	60MIN/R170
DESTINY DELUXE PEDICURE	60MIN/R300	SOAK OFF	20MIN/R50
BUFF AND PAINT	30MIN/R100		

# DESTINY WAXING



## DESTINY WAXING

BROW WAX	R50	½ LEG WAX	R120 MEN R140
LIP WAX	R50	¾ LEG WAX	R130 MEN R150
CHIN WAX	R50	BIKINI WAX	R80
FULL FACE WAX	R180	BRAZILIAN	R150
UNDERARM WAX	R80	HOLLYWOOD	R180
FULL ARM WAX	R120 MEN R140	CHEST	R120
½ ARM WAX	R80 MEN R100	BACK	R120
FULL LEG WAX	R160 MEN R180		

DESTINY MASSAGE  
THERAPY/  
BODY THERAPY/  
SPA MARINE BODY WRAPS





## MASSAGE THERAPY

DESTINY SIGNATURE MASSAGE	60MIN/R450
DESTINY SWEDISH MASSAGE	60MIN/R400
HOT STONE FULL BODY MASSAGE	60MIN/R500
HOT STONE BACK AND NECK MASSAGE	45MIN/R350
AROMATHERAPY FULL BODY	60MIN/R500
DESTINY INDIAN HEAD MASSAGE	30MIN/R250
DESTINY BACK MASSAGE	30MIN/R250
DESTINY BACK NECK AND SHOULDER MASSAGE	45MIN/R300
DESTINY REFLEXOLOGY	45MIN/R300
DESTINY DEEP MASSAGE	60MIN/R450
DESTINY LYMPH DRAINAGE	60min/R450

## DESTINY BODY THERAPY

Express brush Exfoliation	R150
Back Cleanse	R270
Full body exfoliation	R300
Exotic spice exfoliation	R320
Sea Crystal exfoliation	R350
Deluxe Chocolate scrub	R350
Perfect silhouette (cellulite treatment)	R600
Perfect silhouette (course of 10 treatments)	R5500

## SPA MARINE BODY WRAPS

DESTINY DELUXE CHOCOLATE WRAP	R620
DESTINY GOLD STAR WRAP	R600
DESTINY WHITE PEARL WRAP	R600
DESTINY WHITE PEARL WRAP +PEARL FACIAL	R890
THERMAL MUD WRAP	R620

## DESTINY PACKAGES

Lover's Rock  
Hydrating facial  
Destiny deluxe manicure and pedicure  
Reflexology  
Hot stone massage  
R1856

Holistic Destination  
Indian head massage  
Reflexology  
Full body aromatherapy  
R1050

A Man's Destiny  
Amour for men facial  
Deep tissue massage  
Pedicure and manicure  
R1490

Destiny's Bride  
Illuminating facial  
Destiny deluxe pedicure and full set of nails  
Pearl or gold body wrap  
Aromatherapy  
Make-up  
R2010

Classic Delicacies  
Pedicure and manicure  
Swedish massage  
Indian head massage  
R1150

Destiny Goddess  
Advanced revitalizing facial  
Destiny deluxe manicure and pedicure  
Deluxe grape wrap  
Aromatherapy with hot stone massage  
R2400





## YOUR APPOINTMENTS

It is advisable for clients to make their bookings in advance to secure their space. We recommend that you arrive at least 15 minutes early to fill in a client consultation card and to allow adequate time to change and avoid reduced treatment time.

### LATE ARRIVALS

Late arrivals for any reason will result in the reduction of your allocated treatment time and unfortunately full treatment price will apply.

### CANCELLATION POLICY

Credit card details or gift voucher number will be asked for to secure your booking. Please advise at least 5hrs in advance if you cannot attend your appointment.

### SPA ATTIRE

Robes, towels and slippers will be provided for you. During the treatment underwear can be worn at all times. Alternatively disposable underwear can be provided for you by your therapist.

### PERSONAL ITEMS

We regret that Destiny spa cannot be held responsible for any theft, damage, loss or misfortune that may occur with personal items.

### SPA ETIQUETTE

Our spa environment is one of relaxation and tranquility. To maintain the tranquil environment of the spa, kindly switch off your mobile phone during your time with us and please respect all rights to privacy and serenity.

### REFRESHMENTS

There will always be a fresh supply of lemon and mint infused water and juice at the refreshment counter by the reception for your enjoyment.

### SPA THERAPISTS

Our spa only employs fully trained and qualified therapists. We are committed to continued education and skills development, so our therapists attend regular training sessions.

### PRODUCTS

We at destiny only use products that are professionally recognized skin care brands, which are not sold in retail stores. Products purchased are non-refundable.

### GIFT VOUCHERS

You can choose from our exciting treatment menu and packages or you can create your own. This is an ideal gift for spa enthusiasts, stressed out colleagues and loved ones who need pampering.

### DOUBLE TREATMENTS

We have one elegant double treatment suite for guests who wish to have treatments at the same time in the same room.

### MEMBERSHIP

Destiny spa offers membership packages for clients who would like to frequent the spa. Treatments are offered at a discounted rate when paying in advance for your membership.

### ADDITIONAL INFORMATION

Our best reward is your personal recommendation therefore gratuities are left at your discretion.

## WHY CHOOSE DESTINY?

- Our spas are based within our exclusive hotels, which have a host of facilities such as restaurants, gyms, swimming pools and Jacuzzis;
- Our hotels have a 4-star rating;
- We offer a holistic approach to beauty, leisure and wellbeing;
- Our spas, hotels and lodges are situated within 10km of major airports and all other amenities like major shopping centres, casinos and entertainment venues;
- We offer 24 hour shuttle services from all major airports and locations of interest close to our spas and hotels;
- We offer personal chaperone services;
- Through our sister company, Munghana Travel.



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#### DURBAN

Coming soon...



An Akani Financial Services Group company